



What is the **TAYYA** Subcommittee?

The TAYYA (Transition Age Youth and Young Adults) Subcommittee is a group of youth, young adults, and adult allies coming together to create an advocating voice for transition age youth across Pennsylvania regarding mental health and substance use issues.

What We Do

- Come together as youth and young adults with support from adult allies
- Share ideas for how to improve youth mental health supports in schools, local communities, and more
- Make recommendations to the Mental Health Planning Council

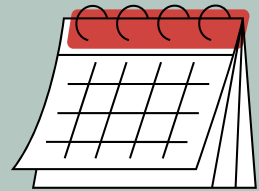


Our Purpose

Our purpose is to develop strategies relevant and helpful to our volunteers. This in turn will assist the Office of Mental Health and Substance Abuse Services (OMHSAS) to develop policies to better assist transition age Pennsylvanians on their journey into adulthood.

2023–2024 Meeting Times

- | | |
|------------|------------|
| • Oct 17 | • April 16 |
| • Dec 19 | • June 18 |
| • Jan 16 | • July 16 |
| • March 19 | • Sept 17 |



4pm to 5:30pm on Zoom:

<https://us06web.zoom.us/j/82958662228>



Have questions or want to get involved?

Contact Sarah Pesì at

pesi@JHF.org

Nothing About Us Without Us!

TAYYA

Subcommittee

CALLING ALL YOUTH!

Do you care about mental health? Do you want to make a difference in the mental health system in Pennsylvania? Are you looking for a group of other youth, young adults, and adult allies who will listen to you and take your ideas seriously?

The Transition Age Youth and Young Adult (TAYYA) Subcommittee of the Mental Health Planning Council is looking for teens and young adults to speak up and be the voice of your generation.

When you join the TAYAA Subcommittee, you'll get to:

- Meet and connect with other youth leaders from across the state
- Have open and honest conversations with other youth about your mental health experiences
- Advocate for positive changes in the Pennsylvania mental health system

We meet virtually on the 3rd Tuesday of each month using [this Zoom link](#). Check out the attached flyer for more details, or reach out with any questions using the contact info below. We can't wait to meet you!

The goal is for the TAYYA Subcommittee to become completely youth-driven and youth-led. We know that without you, we would just be a bunch of adults telling other adults what youth want. So, what do you say...

Are you ready to make a difference?

Sarah Pesi

TAYYA Subcommittee Co-Chair

pesi@JHF.org